

**Headteacher: Gemma Cottingham BA (Hons), PGCE, PGDEL**  
Parkwood E-ACT Academy, Longley Avenue West, Sheffield, S5 8UL  
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November 2023

Dear parent/carer

**Y7 Residential – Outward Bound Trust, Aberdovey, Wales**  
**Mon 6<sup>th</sup> – Wed 8<sup>th</sup> May & Wed 8<sup>th</sup> May – Friday 10<sup>th</sup> May 2024**

Every year at E-ACT Parkwood Academy, we take our Y7 pupils away on a residential visit. This year we are improving our offer, not only are we staying for 2 nights instead of 1, we are also going to visit Wales!

Whilst on this residential your child will take part in a range of outdoor adventurous activities at the site which will develop their confidence, resilience, teamwork. These activities will be supervised by the Outward Bound trust's outdoor instructors who will provide and coach the use of high-quality safety equipment.

The trip is located on the west coast of Wales. Outward Bound Aberdovey is the largest of their centres, it is steeped in history and is the birthplace of Outward Bound. That aside it's up-to-date features and specialised wharf facility provide the perfect starting place for any modern Outward Bound adventure. Sandy shores, sea cliffs and remote mountains are all there to provide a range of challenging activities and destinations for expeditions. Pupils will be in single sex rooms with staff in staff rooms in close proximity.

On the first morning (Group 1 Monday 6<sup>th</sup> & Group 2 Wednesday 8<sup>th</sup>) we will be leaving school around 7am (time will be confirmed closer to the time), in order to reach the site in time to start our activities. All meals will be provided (and we hear the food is very good!) Please provide a packet lunch on the first day. Any students who have free school meals will be provided with one.

Pupils will then make the return trip 2 days later (Group 1 Wednesday 8<sup>th</sup> & Group 2 Friday 10<sup>th</sup> May) arriving back at school in the early evening.

Group 1 – Mrs Daniels' tutor, Mr Atkinson/Mr Ahmed's Tutor & Mr Jones' tutor.

Group 2 – Mr Bagnall's tutor, Miss Eastwood's tutor and Mr Heath's tutor.

We have created a link to the Outward Bound Trust 'Parental Information booklet', which gives greater detail to the trip. You can access that via the school website on the news page or click here <https://parkwoodacademy.e-act.org.uk/y7-residential-information-6th-8th-may-8th-10th-may/> if you are accessing this letter online.

The academy has contributed a huge amount of money to this trip (it would have cost the pupils £400 each) as we feel it is important for the pupils to gain new experiences, they may never have had the chance to take part in. However, we would like the pupils to contribute **£40** towards this trip. There is no expectation to pay immediately, however immediate payment would confirm your place on the trip. We currently have 168 places available for our pupils.

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Payment can be made easily via your child's 'ParentPay' account through the ParentPay Link;  
[www.parentpay.com](http://www.parentpay.com) Please contact the school if payment is an issue and please do still fill in and return the reply slip below.

We have a short turn around time to confirm our numbers with Outward Bound Trust, if you are interested in your child taking part in this trip, please can you return this slip by Friday 24<sup>th</sup> November, as this is when Mr Henderson must confirm numbers with Outward Bound trust. Please note, you do not need to have paid for the trip before then.

Once you have confirmed your child's place on the trip we will run an information event closer to the time to allow you to ask any questions face to face.

Kind Regards,  
 Mr Henderson and Mrs Moat

**PLEASE COMPLETE BELOW & POST IN YEAR GROUP POST BOX BEFORE FRIDAY 24<sup>TH</sup> NOV.**

I give permission for my child to take part in Outward Bound Residential in Aberdovey.

Student Name ..... Form .....

Parent Name ..... Signature .....

Emergency Contact No.....

Date.....

Medical History: (operations, recurrent injuries, ailments e.g. asthma, diabetes etc)

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Allergies: (hayfever, food intolerances, medicines etc) .....

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Current Medications: (Inhalers, epipens, pain relief etc) .....

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Dietary Requirements: (Vegetarian, Gluten Free, Religious preferences).....

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